



**Education Bureau**

The Government of the Hong Kong Special Administrative Region

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# How to Face the Problem of My Hearing Impairment?





## Do I need to wear a hearing aid?

A proper hearing aid can help the hearing impaired to make the best use of their residual hearing. With an enhanced ability to capture sound, a hearing impaired person can communicate better with others. Your audiologist will examine your hearing condition and advise you of the need to wear a hearing aid. If you have such a need, you should face up to the challenge and overcome your impairment with the help of technology.



## If I feel uncomfortable when starting to wear the device, what should I do?

With a foreign object put behind the ear or inside the ear canal, you may experience discomfort when you start wearing a hearing aid. But so long as you keep wearing it every day, you will get used to it gradually and the discomfort will disappear over time. If the discomfort persists, you should consult a professional.





## Why do I hear so many noises when wearing the device?

Hearing aids amplify the sounds, including environmental noises, captured by a hearing impaired person. As a result, most hearing impaired students experience a rather noisy environment when they start wearing the aids, because they can hear noises not audible to them before. However, after wearing it for some time, you will get used to it. With the advance of technology, most hearing aids are now digitalized to minimize the noise problem. If you still have queries, you may consult a professional.



## When people ask about my hearing aid, how should I respond?

It is often out of concern or curiosity that people ask about your hearing aid. You can simply tell them that it is a hearing aid, a device to help the hearing impaired to hear clearly — just like a pair of glasses that helps the short-sighted to see clearly.





## **I feel uneasy about the curious eyes of others. What should I do?**

People look at you with curiosity probably because they do not know much about hearing impairment. In fact, so long as you can accept your hearing impairment and take everything easy, or explain to them directly "hearing impairment" and "hearing aids" where necessary, you will not have this kind of uneasy feeling. Many people will accept the hearing impaired and even offer to help them in daily life after understanding their situation.



## **If people laugh at me, what should I do?**

It is wrong to make fun of or discriminate against the hearing impaired. If people laugh at you, you need not take it to heart. You can tell them how you feel or get help from your parents, teachers or someone you trust.



## **Should I tell others about my hearing impairment?**

You need not hide your hearing impairment. Your school and teachers must understand your situation before they can make proper arrangement to help you in your day-to-day learning, e.g. seating arrangement and curriculum adaptations. If your classmates know more about your need, you can have better communication and interaction with them in daily life.



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