Coping Planner



13.

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| **Changes** | **What can I do and who can help me?** |
| Finding my new class and knowing where to sit |  |
| Finding my way round my new school |  |
| Keeping my belongings safe |  |
| Getting my lunch |  |
| Finding a friend |  |
| Doing homework |  |
| Understanding new class or school rules |  |