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Locus of Control



Other people make all the decisions about my life and I have no control.

I am in control of the decisions about my life and I talk with other people about what’s best for me.

Things that happen in life are of my own doing.

Sometimes I can make things better by planning ahead or setting goals.

There is nothing much I can do to get along with people or make friends.

If I work hard I can have real success in my lessons.

There is no point working hard because things at school are not fair.



Internal

Locus of Control

External

Locus of Control